The Fit Brain Club of Laguna Woods Village Interested in Healthy Aging?

Join us for our monthly meetings as various guest speakers present on topics related to brain health, memory, planning for the future, and more!

The Fit Brain Club meets every 2nd Monday at 10 am.

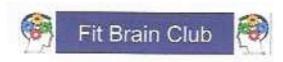
September 11, 2023 Financial Wellness



Join us to discuss how wealth can affect our emotional and physical well-being, and the benefit of planning for financial incapacity to secure your assets against fraud and exploitation.

23822 Avenida Sevilla NEW! Laguna Woods, CA 92637 PAC - Clubhouse 3 -Dining Room 2







For more information, contact: Mary Grace Carpenter <u>carpenter41mg@gmail.com</u>

The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit https://www.fitbrain.us/ for more information.

For Laguna Woods Village Residents and their guests.

